

Artephiletic workshop - Colours

List of basic terms

Artephiletic concept: content unit which a child is able to manage (name, create, perform, feel, share with others ...).

Basic types of concepts:

Thematic: what is it? What is it about? What can I name?

Emotional: „what do I experience“ „what do I feel“

Empathic: „what can I share“ (every child can have different emotions)

Part 1: „icebreaker“ in the countryside

Thematic: COLOUR – FEELING OF COLOUR & SYMBOLS OF COLOURS (JOY, HOPE...)

Constructive: - look out the shades of green or yellow-violet colours according to a given example, try to find the colours which match the painting the most

- place a painting/ a sheet of paper with colours on a place where it blends with its surroundings

- everybody gets three stones and uses them to evaluate the best blending (you can use all of them at once)

- reflexion: how difficult it is to distinguish colours

Emotional: talk about your feelings, how difficult it was to find the colour

Empathic: sharing of feelings in the group, related to the colours, finding common and different feelings related to the particular colours, e.g. – green colour is cheerful, etc.

- prepare 5 shades of green, choose one of them which you think it is the most cheerful, create an emphatic group around this shade (you can continue with other colours e.g. yellow, ...)

Part 2

Thematic: CONTRAST – HARMONY (DISTINCTION, FUSION, MIMICRY)

Constructive: - find a place in the surrounding which is interesting for you, find a detail and try to put colours on some part of your body to create a fusion or contrast

Emotional: - tell the others what was pleasant and unpleasant for you

Empathic: -

